

## MY JOURNEY TO 2030

March 1 & 2, 2025

### Genesis 37:5-11 (NLT)

One night Joseph had a dream, and when he told his brothers about it, they hated him more than ever. "Listen to this dream," he said. "We were out in the field, tying up bundles of grain. Suddenly my bundle stood up, and your bundles all gathered around and bowed low before mine!" His brothers responded, "So you think you will be our king, do you? Do you actually think you will reign over us?" And they hated him all the more because of his dreams and the way he talked about them. Soon Joseph had another dream, and again he told his brothers about it. "Listen, I have had another dream," he said. "The sun, moon, and eleven stars bowed low before me!" This time he told the dream to his father as well as to his brothers, but his father scolded him. "What kind of dream is that?" He asked. "Will your mother and I and your brothers actually come and bow to the ground before you?" But while his brothers were jealous of Joseph, his father wondered what the dreams meant.

### Galatians 6:7-9 (NIV)

Do not be deceived: God cannot be mocked. A man reaps what he sows. Whoever sows to please their flesh, from the flesh will reap destruction; whoever sows to please the Spirit, from the Spirit will reap eternal life. Let us not become weary in doing good, for at the proper time, we will reap a harvest if we do not give up.

## 4 STEPS TO MAKE THE NEXT 5 YEARS AMAZING:

**1** \_\_\_\_\_ who and where I want to be in 5 years, and why.

### Genesis 39:1-2 (NLT)

When Joseph was taken to Egypt by the Ishmaelite traders, he was purchased by Potiphar, an Egyptian officer. Potiphar was a captain of the guard for Pharaoh, the king of Egypt. The Lord was with Joseph, so he succeeded in everything he did as he served in the home of his Egyptian master.

### Galatians 6:7b (TPT)

For what you plant will always be the very thing you harvest.

### Remember:

- My current habits \_\_\_\_\_ my future outcomes.

A man \_\_\_\_\_ what he \_\_\_\_\_.

- My overall \_\_\_\_\_ determines my ability to finish strong.
  - \_\_\_\_\_ Health – Am I growing closer to God or drifting further away?
  - \_\_\_\_\_ Health – Are my relationships strengthening or weakening?
  - \_\_\_\_\_ Health – Am I managing my finances or increasing my debt?
  - \_\_\_\_\_ Health – Am I getting stronger or declining in health?

**Luke 14:28-30** (NLT)

“But don’t begin until you count the cost. For who would begin construction of a building without first calculating the cost to see if there is enough money to finish it? Otherwise, you might complete only the foundation before running out of money, and then everyone would laugh at you. They would say, ‘There’s the person who started that building and couldn’t afford to finish it!’”

**Action Step:** Take an honest \_\_\_\_\_ of where I am today.  
(What direction are my habits leading me?)

**2**

\_\_\_\_\_ my habits now to change my life later.

**Genesis 37:18** (NLT)

When Joseph’s brothers saw him coming, they recognized him in the distance. As he approached, they made plans to kill him.

**Remember:**

- God’s \_\_\_\_\_ is often different than mine.

**Psalms 27:14** (NLT)

Wait patiently for the Lord. Be brave and courageous. Yes, wait patiently for the Lord.

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Here’s what Yahweh says to you: “I know all about the marvelous destiny I have in store for you, a future planned out in detail. My intention is not to harm you but to surround you with peace and prosperity and to give you a beautiful future, glistening with hope.”

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**Action Step:** Pick \_\_\_\_\_ godly habit to start today and refuse to stop working that habit even if things aren't going my way.

**3**

\_\_\_\_\_ I will always reap more than I sow.

**Proverbs 11:24-25 (TPT)**

Generosity brings prosperity, but withholding from charity brings poverty. Those who live to bless others will have blessings heaped upon them, and the one who pours out his life to pour out blessings will be saturated with favor.

**I will reap more only if:**

- My \_\_\_\_\_ are pure.

**Mark 4:20 (NLT)**

And the seed that fell on good soil represents those who hear and accept God's word and produce a harvest of thirty, sixty, or even a hundred times as much as had been planted!

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**James 5:7 (NLT)**

Dear brothers and sisters, be patient as you wait for the Lord's return. Consider the farmers who patiently wait for the rains in the fall and in the spring. They eagerly look for the valuable harvest to ripen.

**Application:**

Stay \_\_\_\_\_ and consistent in the small habits, even when I don't see immediate results.

#### 4 Small Habits to Grow Your Spiritual Life:

- **Regular \_\_\_\_\_**: Just as a gardener consistently waters their plants, Christians are called to engage in regular prayer, Scripture reading, church attendance, and nurturing their spiritual growth.
- **\_\_\_\_\_**: A gardener must routinely remove weeds that threaten to choke the plants. Similarly, we should be vigilant in identifying and eliminating sinful habits and negative influences that hinder our spiritual health.
- **\_\_\_\_\_**: Just as a gardener enriches the soil with nutrients, Christians should enrich their lives through fellowship, worship, discipleship, ministry, and mission—fulfilling God's purposes.
- **\_\_\_\_\_**: A gardener tends to the garden daily, not just when feeling motivated. This reflects our call to maintain regular habits of worship, service, and community involvement, regardless of our circumstances.

## 4

### **Train every day for spiritual growth and for God's glory.**

#### **Genesis 50:20 (TPT)**

Even though you intended to hurt me, God intended it for good. It was his plan all along, to ensure the survival of many people. So, don't worry. I myself will provide for you all that you need, both for you and your little ones."

#### **Galatians 6:9-10 (TPT)**

And don't allow yourselves to be weary in planting good seeds, for the season of reaping the wonderful harvest you've planted is coming! Take advantage of every opportunity to be a blessing to others, especially to our brothers and sisters in the family of faith!

#### **Training Focus:**

- **We don't measure success by immediate results, but by daily \_\_\_\_\_.**
- **We don't wish to be spiritually fit, we dedicate our lives to \_\_\_\_\_.**

***The habits you develop today will shape who you become tomorrow.***

***Our lives are the sum total of all the small decisions we make.***

***We don't judge the success of the day by the harvest we reap, but by the seeds we sow.***

- **We aren't becoming a new creation, we are \_\_\_\_\_ to live like one.**

#### **2 Corinthians 5:17 (NLT)**

This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun!

## Application

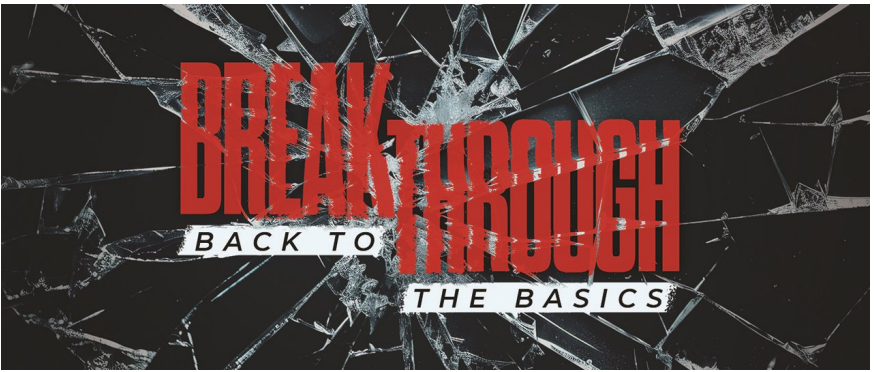
**Pray this prayer daily:**

*Father, help me sow seeds of righteousness. Transform my habits so that I honor You in every area of my life.*

*Strengthen me to persevere and plant faithfully as I trust Your perfect timing. Let my life bring You glory as I reap a harvest by blessing others and loving You more every day.*

*In Jesus' Name,*

**Amen.**



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